



Seventh-day Adventist Church Retirement Plan for Canadian Employees



Prayer Corner

"For where two or three are gathered together in my name, there am I in the midst of them."
Matthew 18:20 KJV

February

Newfoundland/Labrador

- 01-Evangelistic Efforts & Interests
- 02-Pastors & Members
- 03-SDA Students in Public Schools

Ontario

- 04-Administration & Board of Directors
- 08-Department Directors & Support Staff
- 09-Evangelistic Efforts & Interests
- 10-Pastors & Members
- 11-Teachers & Students

Quebec

- 16-Administration & Board of Directors
- 17-Department Directors & Support Staff
- 18-Evangelistic Efforts & Interests
- 22-Pastors & Members
- 23-Teachers & Students

ADRA

- 24-Administration & Board of Directors
- 25-Support Staff

Canadian Retirement Plans

Submit changes to the Payroll Clerk:
*Direct deposits, cheques,
tax withholding, change of address,
reporting a death*

Send comments/suggestions to:
Retirement Department
1148 King St E
Oshawa ON L1H 1H8
Phone: (905) 433-0011
Fax: (905) 433-0982

Health Benefits Plan

1-800-263-7868
Healthcare Claims Queries

Submit medical claims to:
Health Benefits Administration
1148 King St E
Oshawa ON L1H 1H8

Renewed & Ready

We regret to inform you that as of October 2009 issue of *Renewed & Ready*, Pacific Press will discontinue publication of this magazine. The Retirement office will be providing a quarterly newsletter with information pertinent to retirees of the Canadian Plans.

2010 Cheques/EFT Schedule:

February 25
March 25
April 23
May 25
June 25
July 23

2009 Yearly Average Exchange Rate:
1.14197729

2010 Canadian to US Exchange Rates: Statement / Exchange Rate = Bank Deposit

| | | |
|----------|--------|-----------|
| January | 1.0723 | July |
| February | | August |
| March | | September |
| April | | October |
| May | | November |
| June | | December |