



Seventh-day Adventist Church Retirement Plan for Canadian Employees



Prayer Corner

"For where two or three are gathered together in my name, there am I in the midst of them."
Matthew 18:20 KJV

January

British Columbia

- 04-Department Directors & Support Staff
- 05-Evangelistic Efforts & Interests
- 06-Pastors & Members
- 07-Teachers & Students

Maritimes

- 11-Administration & Board of Directors
- 12-Department Directors & Support Staff
- 13-Evangelistic Efforts & Interests
- 14-Pastors & Members
- 18-Teachers & Students

Manitoba/Saskatchewan

- 19-Administration & Board of Directors
- 20-Department Directors & Support Staff
- 21-Evangelistic Efforts & Interests
- 25-Pastors & Members
- 26-Teachers & Students

Newfoundland/Labrador

- 27-Administration & Board of Directors
- 28-Department Directors & Support Staff

Canadian Retirement Plans

Submit changes to the Payroll Clerk:
*Direct deposits, cheques,
tax withholding, change of address,
reporting a death*

Send comments/suggestions to:
Retirement Department
1148 King St E
Oshawa ON L1H 1H8
Phone: (905) 433-0011
Fax: (905) 433-0982

Health Benefits Plan

1-800-263-7868
Healthcare Claims Queries

Submit medical claims to:
Health Benefits Administration
1148 King St E
Oshawa ON L1H 1H8

Renewed & Ready

We regret to inform you that as of October 2009 issue of *Renewed & Ready*, Pacific Press will discontinue publication of this magazine. The Retirement office will be providing a quarterly newsletter with information pertinent to retirees of the Canadian Plans.

2010 Cheques/EFT Schedule:

- January 25
- February 25
- March 25
- April 23
- May 25
- June 25

2009 Canadian to US Exchange Rates: Statement / Exchange Rate = Bank Deposit

January	1.2744	July	1.1070
February	1.2667	August	1.0941
March	1.2462	September	1.1062
April	1.2426	October	1.0627
May	1.1429	November	1.0702
June	1.1706	December	1.0720