



## Seventh-day Adventist Church Retirement Plan for Canadian Employees



### Prayer Corner

"For where two or three are gathered together in my name, there am I in the midst of them."  
Matthew 18:20 KJV

## November

### Quebec

- 02-Pastors & Members
- 03-Teachers & Students

### ADRA

- 04-Administration & Board
- 05-Support Staff
- 09-Overseas & Domestic Projects
- 10-Program Directors

### It Is Written

- 11-Administration & Board
- 12-Support Staff
- 16-Evangelistic Meetings
- 17-Television Viewers

### Canadian University College

- 18-Administration & Board
- 19-Teachers & Students
- 23-Recruitment & Campus Ministries
- 24-Parents & Sponsors

### Christian Record Services

- 25-Administration & Board
- 26-Field Representatives
- 30-Needs of the Blind

### 2009 Cheques/EFT Schedule:



- November 25
- December 23
- January 25
- February 25
- March 25
- April 23

### Canadian Retirement Plans

Submit changes to the Payroll Clerk:  
*Direct deposits, cheques,  
tax withholding, change of address,  
reporting a death*

Send comments/suggestions to:  
Retirement Department  
1148 King St E  
Oshawa ON L1H 1H8  
Phone: (905) 433-0011  
Fax: (905) 433-0982

### Health Benefits Plan

1-800-263-7868  
*Healthcare Claims Queries*

Submit medical claims to:  
*Health Benefits Administration*  
1148 King St E  
Oshawa ON L1H 1H8

### Renewed & Ready

We regret to inform you that as of October 2009 issue of *Renewed & Ready*, Pacific Press will discontinue publication of this magazine. The Retirement office will be providing a quarterly newsletter with information pertinent to retirees of the Canadian Plans.

### 2009 Canadian to US Exchange Rates: Statement / Exchange Rate = Bank Deposit

January	1.2744	July	1.1070
February	1.2667	August	1.0941
March	1.2462	September	1.1062
April	1.2426	October	1.0627
May	1.1429	November	
June	1.1706	December	

