



Seventh-day Adventist Church Retirement Plan for Canadian Employees



Prayer Corner

"For where two or three are gathered together in my name, there am I in the midst of them."
Matthew 18:20 KJV

September

Alberta

- 01-Administration & Board
- 02-Departmental Directors & Support Staff
- 03-Evangelistic Efforts & Interests
- 08-Pastors & Members
- 09-Teachers & Students

British Columbia

- 10-Administration & Board
- 14-Department Directors & Support Staff
- 15-Evangelistic Efforts & Interests
- 16-Pastors & Members
- 17-Teachers & Students

Maritimes

- 21-Administration & Board
- 22-Department Directors & Support Staff
- 23-Evangelistic Efforts & Interests
- 24-Pastors & Members
- 28-Teachers & Students

Manitoba/Saskatchewan

- 29-Administration & Board
- 30-Department Directors & Support Staff

Canadian Retirement Plans

Submit changes to the Payroll Clerk:
*Direct deposits, cheques,
tax withholding, change of address,
reporting a death*

Send comments/suggestions to:
Retirement Department
1148 King St E
Oshawa ON L1H 1H8
Phone: (905) 433-0011
Fax: (905) 433-0982

Health Benefits Plan

1-800-263-7868
Healthcare Claims Queries

Submit medical claims to:
Health Benefits Administration
1148 King St E
Oshawa ON L1H 1H8

Renewed & Ready

To change/cancel your complimentary subscription please contact the Retirement Department at 905-433-0011.

2009 Cheques/EFT Schedule:

- September 25
- October 23
- November 25
- December 23
- January 25
- February 25

2009 Canadian to US Exchange Rates: Statement / Exchange Rate = Bank Deposit

January	1.2744	July	1.1070
February	1.2667	August	1.0941
March	1.2462	September	
April	1.2426	October	
May	1.1429	November	
June	1.1706	December	

