



## Seventh-day Adventist Church Retirement Plan for Canadian Employees



### Prayer Corner

"For where two or three are gathered together in my name, there am I in the midst of them."  
Matthew 18:20 KJV

## August

### Canadian University College

- 04-Administration & Board
- 05-Teachers & Students
- 06-Recruitment & Campus Ministry
- 10-Parents & Sponsors

### Christian Record Services

- 11-Administration & Board
- 12-Field Representatives
- 13-Needs of the Blind
- 17-Business Contract

### Kingsway College

- 18-Administration & Board
- 19-Teachers & Students
- 20-Recruitment & Campus Ministry
- 24-Parents & Sponsors

### SDACC

- 25-Administration & Board
- 26-Department Directors & Support Staff
- 27-Missionaries
- 31-Retirees

### Canadian Retirement Plans

Submit changes to the Payroll Clerk:  
*Direct deposits, cheques,  
tax withholding, change of address,  
reporting a death*

Send comments/suggestions to:  
Retirement Department  
1148 King St E  
Oshawa ON L1H 1H8  
Phone: (905) 433-0011  
Fax: (905) 433-0982

### Health Benefits Plan

1-800-263-7868  
*Healthcare Claims Queries*

Submit medical claims to:  
*Health Benefits Administration*  
1148 King St E  
Oshawa ON L1H 1H8

### Renewed & Ready

To change/cancel your complimentary subscription please contact the Retirement Department at 905-433-0011.

### 2009 Cheques/EFT Schedule:

- August 25
- September 25
- October 23
- November 25
- December 23
- January 25

### 2009 Canadian to US Exchange Rates: Statement / Exchange Rate = Bank Deposit

January	1.2744	July	1.1070
February	1.2667	August	
March	1.2462	September	
April	1.2426	October	
May	1.1429	November	
June	1.1706	December	

