



## Seventh-day Adventist Church Retirement Plan for Canadian Employees



### Prayer Corner

"For where two or three are gathered together in my name, there am I in the midst of them."  
Matthew 18:20 KJV

## July

### Ontario

- 02-Department Directors & Support Staff
- 06-Evangelistic Efforts & Interests
- 07-Pastors & Members
- 08-Teachers & Students

### Quebec

- 09-Administration & Board
- 13-Department Directors & Support Staff
- 14-Evangelistic Efforts & Interests
- 15-Pastors & Members
- 16-Teachers & Students

### ADRA

- 20-Administration & Board
- 21-Support Staff
- 22-Overseas & Domestic Projects
- 23-Program Directors

### It Is Written

- 27-Administration & Board
- 28-Support Staff
- 29-Evangelistic Meetings
- 30-Television Viewers

### Canadian Retirement Plans

Submit changes to the Payroll Clerk:  
*Direct deposits, cheques,  
tax withholding, change of address,  
reporting a death*

Send comments/suggestions to:  
Retirement Department  
1148 King St E  
Oshawa ON L1H 1H8  
Phone: (905) 433-0011  
Fax: (905) 433-0982

### Health Benefits Plan

1-800-263-7868  
*Healthcare Claims Queries*

Submit medical claims to:  
*Health Benefits Administration*  
1148 King St E  
Oshawa ON L1H 1H8

### Renewed & Ready

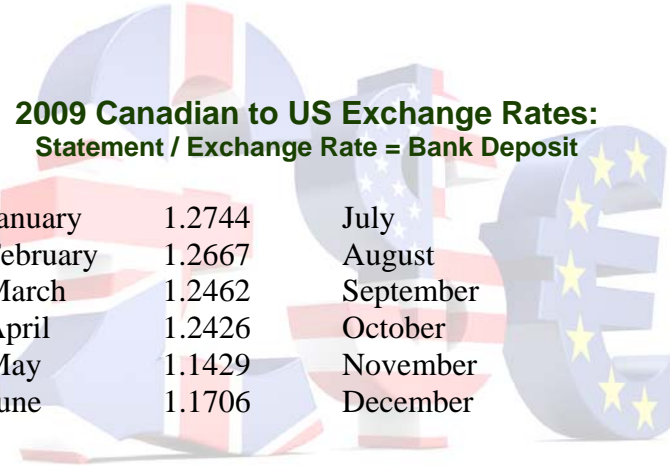
To change/cancel your complimentary subscription please contact the Retirement Department at 905-433-0011.

### 2009 Cheques/EFT Schedule:



July 24  
August 25  
September 25  
October 23  
November 25  
December 23

### 2009 Canadian to US Exchange Rates: Statement / Exchange Rate = Bank Deposit



January	1.2744	July
February	1.2667	August
March	1.2462	September
April	1.2426	October
May	1.1429	November
June	1.1706	December