



Seventh-day Adventist Church Retirement Plan for Canadian Employees



Prayer Corner

"For where two or three are gathered together in my name, there am I in the midst of them."
Matthew 18:20 KJV

January

Alberta Conference

- 02-Evangelistic Efforts & Interests
- 03-Pastors & Members
- 04-Teachers & Students

British Columbia Conference

- 05-Administrators & Board of Directors
- 09-Department Directors & Support Staff
- 10-Evangelistic Efforts & Interests
- 11-Pastors & Members
- 12-Teachers & Students

Maritimes Conference

- 17-Administrators & Board of Directors
- 18-Department Directors & Support Staff
- 19-Evangelistic Efforts & Interests
- 23-Pastors & Members
- 24-Teachers & Students

Manitoba/Saskatchewan Conference

- 25-Administrators & Board of Directors
- 26-Department Directors & Support Staff

Canadian Retirement Plans

Submit changes to the Payroll Clerk:
*Direct deposits, cheques,
tax withholding, change of address,
reporting a death*

Send comments/suggestions to:
Retirement Department
1148 King St E
Oshawa ON L1H 1H8
Phone: (905) 433-0011
Fax: (905) 433-0982

Health Benefits Plan

1-800-263-7868
Healthcare Claims Queries

Submit medical claims to:
Health Benefits Administration
1148 King St E
Oshawa ON L1H 1H8

Renewed & Ready

To change/cancel your complimentary subscription please contact the Retirement Department at 905-433-0011.

2009 Cheques/EFT Schedule:



- February 25
- March 25
- April 24
- May 25
- June 25
- July 24

2008 Yearly Average Exchange Rate:
1.06601429

2009 Canadian to US Exchange Rates:
Statement / Exchange Rate = Bank Deposit

January	1.2744	July
February		August
March		September
April		October
May		November
June		December

